

Lemuel Shattuck & Bournewood Hospitals Postdoctoral Residency in Clinical Neuropsychology

2007-2008 Academic Year

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Core Faculty

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Shattuck-Bournewood Residency is a member of the Association of Postdoctoral Programs in Clinical Neuropsychology (APPCN)
Lemuel Shattuck Hospital is a Teaching affiliate of Tufts University School of Medicine and its Department of Psychiatry

Mission of the Program

This residency is a joint training position between Bournewood Hospital and Lemuel Shattuck Hospital. The mission of the Residency is to provide well-rounded training experience balancing clinical exposure, teaching and research, in support of the scientist-practitioner model and the guidelines of the Houston Conference on Specialty Education and Training in Clinical Neuropsychology (1998). It is the goal of the training program to support eligibility for board certification by the American Board of Professional Psychology in the specialty of Clinical Neuropsychology.

The Residency is a shared position with 50% time allocated to each hospital to provide a broad based training experience in clinical neuropsychology with concentration in Neuropsychiatric Disorders and Chemical Dependency. The purpose of the Residency is training at an advanced level in neuropsychological and psychological diagnosis and consultation, research skills in neuropsychology, short term-solution focused psychotherapy, and in development of supervisory and teaching skills.

Hospital Setting

The Lemuel Shattuck Hospital (LSH) offers compassionate medical and psychiatric care to patients requiring multidisciplinary treatment and support which promotes their health, well-being, rehabilitation and recovery. The Hospital strives continuously to improve the quality of life for our patients through the delivery of collaborative treatment and a patient-focused continuum of care. The support of agencies and programs of the Commonwealth of Massachusetts make this mission possible.

LSH is a 250-bed public health hospital, which serves the community and has particular expertise for dealing with the many social, economic, developmental, and behavioral problems of homeless and underserved adults of all ages. The patient population at LSH is widely varied and behaviorally challenging. The institution in general, including both the patient and employee populations, is very culturally diverse. The patient population is quite varied and includes neurologic, psychiatric and neuropsychiatric disorders. Specialty programs include Acute Medical and Surgical Care, Intensive Care, Physical Medicine and Rehab, AIDS Health Care, Ambulatory Services (including Primary Care, and Behavioral Health, in addition to 30 specialty outpatient clinics), Geriatric Care, Tuberculosis Care, Metro Boston Mental Health Units (inpatient psychiatry), Correctional Health, and Dialysis. The Neuropsychology Resident has the opportunity to provide service to all hospital units.

Bournewood Health Systems is a behavioral health care provider which offers a quality, cost effective, patient-focused continuum of services, delivered in partnership with those we serve. Bournewood is committed to the quality care of individuals and families who struggle with behavioral health problems. The staff at Bournewood are our most important resource. We respect, value and support their growth and commitment to the field. Bournewood is dedicated to the economic viability of the organization while ensuring the highest quality of care. Bournewood strives to be the forefront in the provision of state of the art behavioral health care. Bournewood is focused on achieving positive and measurable outcomes in its clinical care.

The Bournewood patient population includes child/adolescent and adult patients with psychiatric and/or chemical dependency challenges. The hospital is made up of three major components, each with approximately 20 patients. The three components are chemical dependency/dual diagnosis, adult psychiatric treatment, and chemical dependency/partial hospitalization. Bournewood Hospital provides a rich treatment setting involving differential diagnosis,

rehabilitation, detoxification, milieu therapy, individual therapy, group therapy, family therapy, and psycho-education. The hospital has a multi-disciplinary staff comprised of psychiatrists, neurologists, neuropsychologists, psychologists, nurses, and social workers.

Resident Responsibilities

At LSH, the resident can expect to conduct up to one comprehensive neuropsychological evaluation per week with both inpatients and outpatients. Teaching responsibilities will include running a professional development seminar for predoctoral practicum students in the Neuropsychology Training Track of the Metro Boston Psychology Training Program (MBPTP), and providing limited supervision for practicum students. The Resident will contribute lectures to the Psychology Lecture Series of the MBPTP and provide training to LSH employees, particularly nursing staff, on cognitive disorders, neuropsychology, and understanding behavior. The Resident will be provided with an office and testing space, testing materials, and telephone. The Resident will also be provided with a computer with access to the electronic medical record, word processing, and the internet. The Resident will be able to access the hospital's medical library and its services, including journal searches, electronic journals and interlibrary loan.

Clinical responsibility at Bournewood Hospital will include two neuropsychological batteries per week, attending team meetings on the treatment units, providing feedback consultation and short-term therapy to patients seen, and providing supervision and teaching as assigned by faculty. The Resident will also be involved with the neuropsychological screening and assessment of patients from other units of the hospital as needed. The resident will be responsible for contributing to the training of practicum students in psychology.

Clinical Appointments

The Neuropsychology Resident will have joint staff appointments at Bournewood and Lemuel Shattuck hospitals. Allocation of the Resident's time will be two days per week clinical time at each hospital and one day for advanced training seminars and research activities.

Research Opportunities

The Resident will spend one day per week involved in research and academic activities. The Resident will be expected to produce at least one paper for presentation at a conference and/or publication. The Resident will have the opportunity to work with brain imaging software for processing and volumetric analysis of structural MRI. Such procedures are currently being used for research on violence and aggression.

Training and Supervision

The Resident will receive 3 hours per week of supervision by licensed psychologists. At LSH the resident will receive 1 hour of on-site individual supervision per week by a licensed psychologist, who is board certified in clinical neuropsychology by ABPP. At Bournewood the resident will receive 1 hour of supervision with a licensed psychologist, board certified in clinical neuropsychology, and 1 hour on-site with a licensed clinical psychologist.

Training activities available to the resident:

Medical Grand Rounds (LSH)
Psychiatry Lecture Series (LSH)
Neuropsychiatry Rounds (LSH)
Psychiatry Grand Rounds (Bournewood)

Exit Criteria

By the end of the second training year, residents will have developed advanced skills in the neuropsychological evaluation, treatment and consultation to patients and professionals sufficient to practice on an independent basis. They will have an advanced understanding of brain – behavior relationships. Over the two-year period residents will have the opportunity to have gained:

- 1. Advanced skill in neuropsychological evaluation and consultation to patients and professionals sufficient to practice on an independent basis
- 2. Advanced understanding of brain-behavior relationships
- 3. Scholarly activity, such as:
 - a. Submission of a study or literature review for publication
 - b. Presentation
 - c. Submission of a grant proposal or outcome assessment
- 4. A formal evaluation of competency in the exit criteria 1-3
 - a. Annual integrated meeting with supervisors
 - b. Annual in-depth case preparation for presentation and review
- 5. Eligibility for state licensure
- 6. Eligibility for board certification in Clinical Neuropsychology by ABPP

Resources

The psychology departments at each hospital will provide the necessary test materials and office space allocation to support the Resident's work.

Core Faculty

Nancy Peterson Moczynski, Ph.D., ABPP-CN, Director of Neuropsychology, Lemuel Shattuck Hospital. Assistant Clinical Professor in Psychiatry, Tufts University School of Medicine

David Gansler, Ph.D., ABPP-CN Assistant Professor in Psychology Suffolk University

Mark Geer, Ed.D.
Chief Psychologist and Director of Psychology Training,
Bournewood Hospital
Clinical Instructor in Psychiatry (Neuropsychology)
Tufts University School of Medicine

Carl Fulwiler, M.D., Ph.D.
Director of Clinical Neuroscience,
Lemuel Shattuck Hospital
Assistant Professor in Psychiatry,
University of Massachusetts School of Medicine

Compensation

Each hospital will be responsible for participating in funding the Residency at 50% of a FTE of \$35,000. This half-time position to be allocated at sixteen hours of clinical time and four hours of

seminar and research time per facility per week. Two weeks of pro-rated vacation time and appropriate holiday time as designated by the individual hospital is proposed.

Benefits

The Resident may purchase benefits though Bournewood Health Systems (health insurance and dental). Two weeks of vacation time per year are allowed. Ten days of sick time per year are allowed.

<u>Application Procedures</u>

The following materials should be sent to Dr. Moczynski

- 1. CV
- 2. 3 Letters of Recommendation
- 3. Two samples of a neuropsychological evaluation
- 4. graduate school transcripts
- 5. letter of introduction
- 6. sample publications (if available)

Strong applicants will be invited for an interview at LSH. Telephone interviews will be considered for applicants precluded from interviewing in person.

The LSH-Bournewood residency will be participating in the APPCN match. Applicants should register for the APPCN Match. Instructions and a copy of the Applicant Agreement required to register for the Match may be obtained through the Matching Program web site at www.natmatch.com/appcnmat

Applicants must return a signed Applicant Agreement, along with the registration fee to

National Matching Services Inc.

20 Holly Street, Suite 301

Toronto, Ontario Canada M4S 3B1

Telephone: (416) 977-3431

Fax: (416) 977-5020

Email: appcnmat@natmatch.com

References

Hannay, H. J., Bielauskas, L. A., Crosson, R. A., Hammeke, T. A., Hamsher, K. deS., & Koffler,
S. P. (1998) Proceedings: The Houston Conference on Specialty Education and training in Clinical Neuropsychology. <u>Archives of Clinical Neuropsychology</u>, 13(2).